

Epoque SPA

MENU for external guests





Duo SPA Treatments: Romeo & Juliet Ritual

60 min/ 780 lei

Together with your sweetheart enjoy our relaxing ritual. Let yourself be wrapped in enchantment and fill your senses with our exquisite ritual.

Couples' Delight

60 min/ 720 lei

Enjoy a side by side experience by choosing our Swedish relaxing massage performed by two therapists, giving yourself and your significant other a chance to reconnect and relax at the same time.

Duo Treatment: Couples' Hot Lava Stones

60 min/ 840 lei

Experience the healing power of volcanic rocks and the geothermal benefits offered by this tandem couple therapy.

Treatments
for couples



Body treatments

Epoque Luxury Treatment

90 min/ 630 lei

Elegant and full of harmony, the SPA experience is now enriched with a golden signature. Our stunning Epoque Luxury Treatment offers unparalleled glow and radiance on your skin: it starts with a scrub and continues with a relaxation massage.

Equilibrium Intuitive Massage

90 min/ 600 lei

Finding true balance, both physical and mental, implies a fresh start. Let our therapists help you on your journey to overall health and wellness.

Hot Towel Enchantment

60 min/ 400 lei

A delicate thermal treatment used to gently loosen muscles and joints for a deeper relaxation. This therapy is ideal to increase circulation, soothe pain and warm up the tired, cold, sore body.

Chakra Balancing Hot Stones

60 min/ 480 lei

Let the power of the volcanic hot stones heal your imbalances and restore your energy while you enjoy a relaxing massage.

Therapeutic Massage (Deep tissue/Trigger Release)

60 min/ 480 lei

Slide into this exquisite massage, kneading the soft tissues such as skin, subcutaneous tissue muscles, ligaments and manipulation of body segments.

Aromatherapy Massage

30/ 60 min / 230/ 390 lei

Classic Swedish massage performed with soft pressure to induce a state of calm, tranquility and relaxation. Suited for those seeking a gentle therapy to facilitate muscle relaxation.

Roses and Champagne Pampering

60 min/ 470 lei

A powerful combination of mineral Sea Salts and Rose Petals have been specially blended for their remarkable effects in this full body exfoliation.

Reflexology

30 min/ 310 lei

Let our professionals guide you in this healing, complex experience by highlighting and balancing your reflexology points on the soles of your feet.

Jet Lag Reviver

30 min/ 240 lei

Let yourself enjoy a relaxing massage that puts you back on your feet, literally! A strong back massage for those persistent muscle contractions followed by a "pick-me-up" foot massage.

Head & Neck Massage

20 min/ 180 lei

Experience the pure and delightful massage with the healing touch, a truly heavenly sensation.

Body Scrub

30 min/ 240 lei

Enjoy a relaxing body scrub to remove impurities and dead cells, while stimulating blood circulation. For a healthy, refreshed skin, after the removal of the scrub, a moisturizing oil is massaged into the skin to seal in and retain hydration.



**Body
treatments**

Treatments are available Monday - Sunday from 11:00-21:00 with prior reservation.

For treatments, please check availability in advance; For cancellations, please inform us with at least 3 hours in advance.

We encourage you to arrive 15 minutes prior to your treatment time to enable you to enjoy the full use of the exclusive SPA facilities. A late arrival will result in a reduction of your treatment time.





Indoor pool

Opening hours 07-23



Dry & wet sauna

Open from 09-22
with 30 minutes prior notice

SPA Access - 150 Lei/ day/ person(VAT incl). It includes a full day access to Epoque SPA: heated pool, fitness center, dry and wet sauna, emotional showers. Available only with the acquisition of a massage or treatment.



Emotional Showers

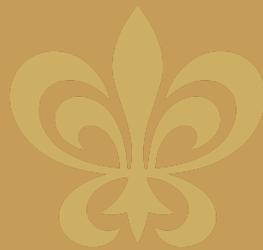
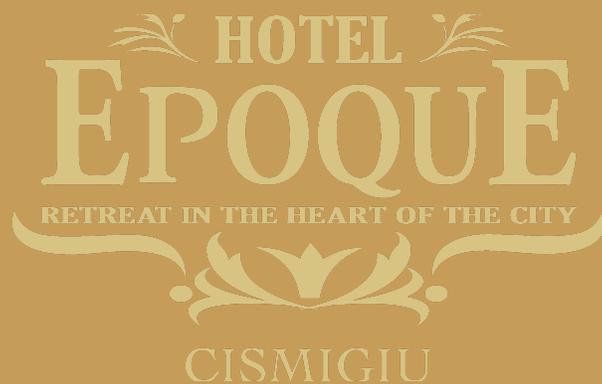
Opening hours 07-23



Fitness Centre

Opening hours 07-23

SPA Access - 150 Lei/ day/ person(VAT incl). It includes a full day access to Epoque SPA: heated pool, fitness center, dry and wet sauna, emotional showers. Available only with the acquisition of a massage or treatment.



17C Intrarea Aurora 010213, Bucharest, Romania

+40 371 528 528 | spa@epoque.ro